Title: Universal Design for Learning.

Universal Design for Learning (UDL) is planning your course so it is accessible to everyone.

Your course is made up of these components: content activities, assessments. You should provide multiple ways for students to engage with each component.

- Content: videos, readings, powerpoints, images, text, music.
- Activities: written, graphical, verbal, group, solo, in-class, at-home.
- Assessments: quizzes, exams, papers, proposals, art, music, written, verbal.

How do I use UDL?

- Prioritize student **experiences.**

- Consider **barriers** to learning and eliminate them.

- Give your students **options** for how to learn, practice skills, and demonstrate mastery.

- Make instructions, expectations, and goals **clear**.

- Explain the **hidden curriculum.**

- Promote **metacognition (**students thinking about their thinking).

Why should I use UDL? By using UDL, you are making students who are disabled or just prefer learning differently to learn without having to ask for accommodations.

You are implicitly telling them you value them.